

# **Optimisation of protection**,

#### the cornerstone of radiation protection, a view on the NORM industries

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## Content

- The activities of European ALARA Network
- Ionising radiation and radiation protection
- The basic principles of radiation protection
- Optimisation
- The ALARA process
- Reasonableness in the ALARA process
- Benefits of the ALARA process
- Conclusion and the way forward



#### ALARA Network objectives

- The European ALARA Network
  - Promote a wider and more uniform implementation of the ALARA principle for the management of worker, public and patient exposures in all situations,
  - Provide a focus and a mechanism for the exchange and dissemination of information from practical ALARA experiences
  - Identify and investigate topical issues of common interest to further improve the implementation of ALARA



#### EAN has organized 19 workshops since 1996





#### Subnetworks





#### **Recent and planned activities**



#### Workshop on reasonableness IRPA



#### Liaison ICRP, TG 104 mobile sources



# Working group on ALARA for Radon at Work

• Publication and presentation, IRPA conference



#### **Recent and planned activities**



Workshop on workplace monitoring, Cyprus

Co-organisation IAEA and EAN
Invitation to central European and Asian countries
June 2022



Webinar "the application of the justification principle, the choice of the exposure situation and the categories of exposure in the context of NORM and radon" 8<sup>th</sup>, December 2022



Development of ALARA in interventional radiology and in the use of novel radiopharmaceuticals , 20<sup>th</sup> EAN Workshop ALARA for interventional radiology & nuclear medicine

2-4 October 2023





# **Ionising radiation**





# **Basic principles**

incarobiology

|   | <ul> <li>Linear dose-effect with no<br/>threshold (stochastic health<br/>effects)</li> <li>Basic principles of radiation</li> </ul> | Models for the Health Risks from Exposure<br>to Low Levels of Ionizing Radiation |
|---|---|--|
| INTERNATIONAL COMMISSIO<br>RADIOLOGICAL PROTECT | <ul> <li>Dasic principles of radiation protection</li> <li>N ON – Justification</li> </ul>  | Theshold<br>Homesa<br>• Fordemislogical data                                     |
| Unaccaptable risk                               | ose limit – Optimisation $\rightarrow$ ALARA  | Dose limit   |
| Tolerable risk                                  |   | Dose before optimisation   |
|   | - Dose limits   | 2000 diter optimisation  |
| Acceptable risk                                 |   |  |

# NORM industry $\leftarrow \rightarrow$ Planned

**EUROPEAN** 

- Use of minerals...
- Mining ....
- 18<sup>th</sup> -19<sup>th</sup> century
  - Coal
  - Oil and gas
- 1843
  - Phosphate industry
  - Deposits
- 1950
  - review on radioactivity in sediments, petroleum, brines
- 1980
  - Potential risk NORM activities recognized





#### **NORM** industry

- Extraction of rare earth elements.
- Production and use of metallic thorium and its compounds (i.e. for their metallic, not fissile or fertile, radioactive properties).
- Mining and processing of ores (other than uranium or thorium for the nuclear fuel cycle).
- Oil and gas recovery process.
- Manufacture of titanium dioxide pigments.
- The phosphate mining and processing industry.
- The zircon and zirconia industries.
- Production of metal (tin, copper, iron, steel, aluminium, niobium/tantalum, bismuth,etc.).
- Combustion of fossil fuel (mainly coal).
- Water treatment.
- Geothermal energy production.
- Cement production and maintenance of clinker ovens.
- Building materials (including building materials manufactured from residues or by-products).











Reference: NORM Industries and Regulatory Considerations, IAEA, <u>https://nucleus.iaea.org > sites ></u> <u>training > norm</u>

#### Screening of NORM activities



## Characteristics of NORM

- Natural radionuclides **already existing** in the materials
- Normally low exposure
- Unlikely tissue reaction
- Very diverse industries, variability
- multi-hazards and radiological risk rarely dominant
- Natural sources of radiation are present everywhere (**ubiquity**)
- Large throughput of raw material, refining, concentrating, component of raw materials, products, residues
- Radiation issues are usually not known or not expected or not wanted
- Can have high public profile
- Regulation is required when above certain levels



#### Justification



- If criteria exceeded, regulatory control must be considered
- based on the graded approach to regulation
  - 1. Exemption
  - 2. Notification
  - 3. Notification + registration
  - 4. Notification + licensing
- The graded approach is implementation of optimization of protection
- Other forms of industrial regulation may contribute to the control of radiation:
  - Occupational health and safety (OHS) regulation (dust control)
  - Environmental protection regulation (licenses)



## Optimization

Reduce exposure to an acceptable level







## **Evolution of ALARA wording**

| (ICRP, 1951)                                      | To reduce exposures to the lowest possible level   |  |  |
|---|--|--|--|
| ICRP Publ. 1 (ICRP,<br>1959)                      | To keep the exposure of large population as low as practicable   |  |  |
| ICRP Publ. 9 (ICRP,<br>1966)                      | All doses (should) be kept as low as is readily achievable economic and social consideration being taken into account  |  |  |
| ICRP Publ. 22<br>(ICRP, 1973)                     | All doses (should) be kept as low as reasonably achievable economic and social consideration being taken into account  |  |  |
| ICRP Publ. 26<br>(ICRP, 1977)                     | All exposures shall be kept as low as reasonably achievable economic and social factors being taken into account   |  |  |
| ICRP Publ. 60<br>(ICRP, 1991)                     | The magnitude of individual doses, the number of people exposed and the likelihood of incurring uncertain exposures shall all be kept as low as reasonably achievable economic and social factors being taken into account |  |  |
| ICRP Publ. 103<br>(ICRP, 2007)                    | The likelihood of incurring exposures, the number of people exposed, and the magnitude of individual doses should all be kept as low as reasonably achievable economic and societal factors being taken into account       |  |  |
| 1951<br>•reduce to the lopossible level           | 1959 - 1991       2007         •Wording evols       •as low as reasonably achievable economic and societal factors being taken into account  |  |  |
| http://www.eu-alara.net/ Prevailing circumstances |  |  |  |



#### Acceptable level of risk





#### The ALARA PROCESS: a structured method





## Optimization

- Planned (deliberate)
  - Well established in nuclear industry
  - Has led to dose reductions
  - Dose constraints
  - a driver for safety culture (holistic approach)
  - Culture for safety

- NORM (existing)
  - Characterization
  - Prevailing circumstances
  - Graded approach
  - Legal criteria
  - Reference levels
  - All hazard approach
  - Culture for safety



#### Safety culture ALARA Culture





#### Stakeholders





#### **Education and training**

- Transparent information, education and training commensurate with the risk
- The involvement of the different stakeholders support a comprehensive deliberative optimisation process







#### Reasonableness

#### ICRP 138 (2018)

 The pursuit of reasonableness as "the permanent quest depending on the prevailing circumstances in order to act on knowledge and experience, to do more good than harm (beneficence/non-maleficence), to avoid unnecessary exposure (prudence), to seek fair distribution of exposure (justice), and to treat people with respect (dignity).

#### IRPA: IRPA perspective on "reasonableness" in the optimisation of radiation protection (2021)



#### NEA/CRPPH: Optimisation: rethinking the art of reasonable (2020)

• Broadly in line with the current recommendation in ICRP 103(2007), but emphasis on the multidisciplinary, multidimensional nature of the complex circumstances to consider. Consider the whole risk-vector.



#### Benefits of optimisation

In fact the optimisation approach can be seen as a reference framework, a state of mind and attitude

- Allowing an individual and/or an organization to act in a responsible way in order to manage risks and giving safety the priority it should have
- Characterized by risk awareness, balanced judgement of risk and benefits, and the capability to develop and use required skills and tools for risk assessment and management
- Realized through transdisciplinary education and training tailored at each level and stakeholders
- Supported by **management commitment** and management system
- Support feedback from the field and **continuous improvement**



## Benefits of optimisation

- Already considerable feedback and literature on optimisation and ALARA
- Feedback from different organizations from practice EAN, EAN-NORM, ISEMIR, EMAN, ISOE, UNSCEAR, EFOMP, ....
  - ISEMIR-N



#### Conclusion

- Do we benefit by using the optimization approach?
  - Dose reductions are achieved in different field applying ionizing radiation
  - Promotes the risk-awareness supporting safety, safety culture and stakeholder involvement
  - Promotes good governance, balanced judgement and allows optimal use of resources
- Optimisation is a cornerstone of protection and radiation protection



## **Conclusion optimization for NORM**

- Do we benefit by using the optimization approach in NORM ?
  - adequate protection can be achieved through the justification and optimization principle for NORM activities
  - the protection will be optimized in an integrated and graded approach for the protection of workers, the public, and the environment
  - where radiation protections complements the protection strategy already in place or planned to manage other hazards
- Optimisation is a cornerstone of protection and radiation protection and takes in its structured transparent deliberate process the prevailing circumstances into account



# Gaining interest in the EAN and its activities?

And remember that EAN is an open network!



#### Thank you for your attention

